

Full Report (All Nutrients) 45045551, WEIS, WHITE CHEDDAR CURLS, UPC: 041497004782

Powered by [LabelInsight](#)

Report Date: July 02, 2017 06:29 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WEIS MARKETS, INC.

Nutrient	Unit	Data points	Std. Error	1 oz 28g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	160	571
Protein	g	--	--	2.00	7.14
Total lipid (fat)	g	--	--	10.00	35.71
Carbohydrate, by difference	g	--	--	16.00	57.14
Fiber, total dietary	g	--	--	1.0	3.6
Sugars, total	g	--	--	2.00	7.14
Minerals					
Calcium, Ca	mg	--	--	40	143
Iron, Fe	mg	--	--	0.00	0.00
Sodium, Na	mg	--	--	250	893
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	2.500	8.930
Fatty acids, total monounsaturated	g	--	--	1.999	7.140
Fatty acids, total polyunsaturated	g	--	--	5.001	17.860
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	5	18

Amino Acids

Other

Ingredients

CORN MEAL, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: COTTONSEED, CORN, CANOLA, SUNFLOWER, SAFFLOWER), WHEY, CHEESE (CHEDDAR AND SEMISOFT

(PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), WHEY PROTEIN CONCENTRATE, LACTOSE, MALTODEXTRIN, SALT, MILKFAT, BUTTERMILK SOLIDS, SODIUM PHOSPHATE, NATURAL FLAVOR, BUTTER, CITRIC ACID, LACTIC ACID, ENZYME MODIFIED BUTTER. *Date Available:* 03/22/2017 *Date Last Updated by Company:* 03/22/2017